

XUQUUQDA IYO WAAJIBAADKA MACMILKA

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CASE NAME	
CLIENT IDENTIFICATION NUMBER	

Waxan masuul ka ahay:	Waxan garanaya:
<ul style="list-style-type: none"> • In an siiyo qaybta ama xafiiska warka ay u baahan yihiin si ay go'aan uga gaadhaan in gargaar la i siin karo iyo in kale. Warka an siiyo qaybta waxa hubin ku samayn kara saraakiisha federalka iyo kuwa gobolka. Hubinta waxa ka mid noqon kara la-xidhiidhis ka-dabatag ah oo shaqaalaha qaybta oo ay ku jiraan baadhayaasha xatooyadu ay sameeyaan. • In an bixiyo cadayn marka loo baahdo. Haddii helista cadayntu dhib igu tahay, qaybta ayaa iga gargaari karta sidii cadaynta loo heli lahaa ama kala xidhiidhi karta dad ama hay'ado kale si loo helo. • In an u soo sheego wixii isbadal ah sida u qorayo xeerka WACs 388-418-0005 iyo 388-418-0007. Haddii la i siyo gargaar kaash/lacag ama raashin ah, waa in an soo sheego wixii isbadal ah 10 cisho gudahood laga bilaabo taariikhda an ogaado isbadalka. Haddii la i siyo gargaar caafimaad, waa in an isbadalka ku soo sheego 20 cisho gudahood laga bilaabo taariikhda an ogaado isbadalka. • In an soo sheego kharashka hoyga, daryeelka sii-haynta ilmaha ama qof an hayo, masruufka ilmaha ee sharci ahaan an leedahay, kharashka caafimaadka, iyo kharashka shaqada iskaa-u-shaqaysiga ah si qaybta go'aan uga gaadho haddii la i siin karo gargaar raashin kale. Haddii an soo sheegi waayo keenina waayo cadaynta kharashyadaa, waxan markaa cadaynayaa in aanan rabin in qaybta ama xafiisku kharashyadaa u isctimaalo sidii go'aan looga gaadhi lahaa in la i siin karo gargaar raashin dheeraad ah. • In an buuxiyo wixii ah warbixin iyo dib-u-fiirin la rabo marka la iga codsado. • In an daydaydo, helo, haystana shaqo ama ka qaybgalo hawlaho kale haddii sidaa loo rabo gargaarka kaashka ah ama raashinka. • In an idin kala shaqeeyo soo-xareynta masruufka ilmaha iyo taageerada caafimaadka. Waan diidi karaa in an idin kala shaqeeyo soo-xareynta masruufka ama taageerada haddii an ka baqayo in waalidka ilmo-ma-hayaha ahi dhibaato u geysto naftayda, caruurtayda, ama caruurgaan anigu daryeelo. • In an idin soo sheego haddii an doonayo in qof kale isticmaalo gargaarkayga raashinka isagoo aniga iga socda. • In an idin kala shaqeeyo habka ama hawlaho dib-u-fiirinta Dhawrista Tayada. 	<ul style="list-style-type: none"> • Marka la i siyo Gargaarka Ku-meel-gaadhsiska ah ee Qoysaska Baahan (Temporary Assistance for Needy Families - TANF) ama gargaarka caafimaadka, waxan ku wareejiyay xuquuqda masruufka ilmaha ama taageerada daryeelka caafimaadka qaarkood Dawladda Washington. • Haddii la i siyo TANF, waxan codsan karaa lacag dheeraad ah oo iga gargaarta bixinta kharashka hoyga ku-meel-gaadhsiska ah ee degdeggah ah. • Marka sharciga la eego, haddii an jiro 55 sannadood ama an ka weynahay ISLA MARKAANA la i siyo adeegyada daryeelka mudada dheer, waxa DSHS suurogal u ah inay wax ka goosato wixii maal an ka dhinto si DSHS u soo ceshato lacagtii kaga bacday daryeelka mudada dheer iyo adeegyada caafimaadka ee la i siin jiray markii u ii socday daryeelka mudada dheeri. Waxa taa loo yaqaanaa SOO-CESHI MAAL. Adeegyada Mudada Dheer (Long-Term Care) waxa ku jira COPES, CAP, OBRA, CASA, Medicaid Personal Care, Adeegyada Hoyga Waayeeinka 'Nursing Home,' caafimaadka maalinta ee qof weyn 'adult day health,' iyo daryeekla waayeel ee gaarka ah 'private duty nursing.' Soo-ceshiga maalku waxa uu dhacaan kaa dib geeridayda iyo geerida xaaska/ninka iga soo hadha, hadday jiraan. Haddii an leeyahay dhaxaltooyo-lahaadayaal an masuul ka ahaa, soo-ceshiga maalka dib baa loo dhigii karaa iyadoo sababtu tahay duruuko adag qaarkood. • Waxa la igu amri karaa in an ku koobnaado hal dhakhtar iyo hal farmashi haddii an si xun u isticmaalo gargaarkayga caafimaadka. • Waa in an keeno Lambarada Sugidda Bulshada (Social Security Numbers -SSN)* ama sharciga imigarayshanka ay leeyihii kaliya dadka an gargaarka u codsanayo. Haddii an doorto in aanan bixin lambarada sugidda (sooshiyalka) (SSN) ama sharciga imigarayshanka ay leeyihii dadka guriga ee aan wax loo codsanayn, waa in wali la soo xaqijiyyaa xubnaha qoyska dhaqalaaha soo gala iyo illaha dhaqalaaluhu ka soo galoo haddii loo baahdo si go'aan looga gaadho u-banaanaanta. • Waan diidi karaa in an la hadlo baadhaha Goor Hore Ogaanta Xatooyada (Fraud Early Detection - FRED) ka socda Qaybta Baadhista Xatooyada (Division of Fraud Investigation). Qasab igu ma aha in an u soo daayo baadhaha gurigayga. Waxan baadhaha ka codsan karaa inu soo noqdo wakhti kale. Taasi waxyeelo uma geysan karto u-banaantayda gargaarka. • Waa la iga saari karaa barnaamijka raashinka dawladda (food stamp) haddii an jabiyo sharci u leeyahay barnaamijka raashinka dawladdu sida lagu sheegay digniinta ganaaxa jabinta sharciga raashinka ee ku qoran bogga labaad ee warqadan. • Waxan codsan karaa dhageysi garsoor ama dhexdhedaad ah haddii aanan raallii ka ahayn go'aanka qaybta ama xafiisku ka gaadhaday arrintayda. Waxa kale oo an codsan karaa in qof maamule ama madax ahi dib u eego go'aanka ama talaabada la isku hayo ama aanan raallii ka ahayn iyadoon taasi waxba yeelin xaqayga dhageysi garsoor ama dhexdhedaad.

* Dawladda gobolka iyo federalku waxay lambarada Sugidda Bulshada (Social Security) ee la bixiyo u isticmaali doonaan si loo cadeeyo aqoonsiga xubnaha guriga, loo hubiyo u-banaanta, loo joojiyo laba-jeer qaadashada, loo soo xareeyo sheegashada, iyo si hay'adaha kale la isu weydaarsado warka iyadoo la isticmaalayo kombiyuutar si loola socdo waafaqsanaanta xeerkarka barnaamijka iyo maamulidda barnaamijka. Waxa kale oo warkan la siin karaa saraakiisha fulinta sharciga iyadoo ulajeedaduh tahay soo-qabashada dadka ka baxsanaya sharciga. Ururinta lambarkada sugidda bulshada (social security numbers) waxa lagu ogalaaday Xeerka Gargaarka Raashinka ee 1977 (Food Stamp Act), laguna kabay xeerka, 7 U.S.C. 2011-2036.

Waxannu masuul ka nahay:

- In annu ogalaano codsiga u ku qoran yahay magacaagu, adreeskaagu, iyo saxeexaagu maalinta ad u timaadid barnaamij ka mid ah kuwa ay DSHS bixiso.
- In annu kaa caawino buuxinta warqadaha haddii ad gargaar na weydiisatid.
- In annu shaqayno codsigaaga Gargaarka Raashinka shan (5) cisho gudahood haddii u kuu banaanaado ayna ku hayso baahi degdeg ah ood u qabtid raashin.
- In annu ku siino warqad ka-qabasho ah ama risiidh ah marka ad qaybta u dhilbtid codsi ama waraaqo kale haddii ad naga codsatid warqad rishiidh ah.
- In annu ku siino go'aan qoran, wakhtiga intiisa badan, 30 cisho gudahood. Codsidayada caafimaadka iyo naafadu waxay qaadan karaan 45 ilaa 60 cisho. Codsga caafimaadka dumarka uurka leh waxa lagu ogalaadaa 15 cisho oo ah maalmaha shaqada gudahood.
- In annu ku siino ugu yaraan 10 cisho si ad u keentid warka loo baahan yahay si go'aan looga gaadho u-baanaantaada. Haddii aanad na siin warka loo baahan yahay si go'aan looga gaadho u-baanaantaada ama aanad codsan wakhti dheeraad ah ood noogu keentid warka lagaa rabo, waxa markaa iman doonta in annu diidno codsigaaga gargaarka.
- In annu kuu soo dirno ogeysiis qoran, wakhtiga intiisa badan, ugu yaraan 10 cisho ka hor inta aanaanu samaymin isbadal lagu yaraynayo ama lagu joojinayo gargaarka lagu siin jiray.
- In annu warka ad na siisid xafidno. Wawa dhici karta in annu warka qaarkii la wadaagno hay'adaha kale iyadoo ulajeedadu tahay maamul habaysan oo lagu dhaqo barnaamijyada federalka.
- In annu kugu dhiirigalino in ad sii wadid codsigaaga gargaarka xiitaa haddii ay dhici karto in aanay kuu banaanayn barnaamijyada kale ee gargaarka.
- In annu kugu wargalino in xeerka qoraya xadka ah 60-ka bilood ee u ku shaqeeyo barnaamijka Gargaarka Ku-meel-gaadhxiiska ah ee Qoysaska Baahan (TANF) aan lagu dabici karin ama aanu qaban gargaarka raashinka, caafimaadka, ama gargaarka daryeelka sii-haynta ilmaha.
- In annu ka shaqayno codsigaaga gargaar caafimaad xiitaa haddii aanay kuu banaanayn barnaamijyada kale ee gargaarka.
- In annu ku siino gargaar caafimaad oo sii socda inta annu go'aan ka gaadhadno haddii u kuu banaan yahay barnaamij kale oo caafimaad ka hor inta aanaanu joojin gargaarkaaga.
- In annu ku siino turjubaan ama adeegyo turjubaan oon adiga lacag kugu joogin iyada oonay daahid badani ku dhicin helitaankaaga gargaarka.
- In annu kaa gargaarno sidii ad u isu qori lahayd codbixinta.
- In annu la wadaagno taariikhda talaalka ilmahaaga Barnaamijka Raadraaca Taariikhda Talaalka Ilmaha (Child Profile Immunization Tracking System).

Digniinta Ganaaxa Jabinta Sharciga Gargaarka Raashinka

Waxa annu war ku saabsan dadka codsanaya gargaarka raashinka (food stamps) u dirnaa hay'ada federalka si loo hubiyo in warku sax yahay. Haddii ay dhacdo in warku aanu sax ahayn, waxa dhici karta in dadka codsiga samaystay aanay helin gargaarka raashinka. Haddii qof u bixiyo war u oyayay in aanuu sax ahayn, waxa dhici karta in lagu qaado dambi. Ganaaxa ka yimaada marka si ogaan ama kas ah loo jabiyo sharciga gargaarka raashinka waxa uu noqon karaa mid ah u-diidis gargaar, ilaa ganaax, iyo xiitaa ilaa xabsi ama xadhig suurogal ah.

Digniinta Ganaaxa Waajibka Shaqada ee Gargaarka Raashinka

Haddii la iga rabo in an ka qaybgalo waajibka shaqada ee gargaarka raashinka, ay dhacdonia in an ka soo bixi waayo ka-qaybgalka, waxa wax la ii diidi karaa hal bil iyo ilaa inta an ka soo baxayo waajibka shaqada; taasi waa ganaaxa ka-soo-bixis la'aanta koobaad; ka-soo-bixis la'aanta labaad waa saddex bilood iyo ilaa an ka soo baxayo waajibka; ka-soo-bixis la'aanta saddexaad waa lix bilood iyo ilaa inta an ka soo baxayo; wixii ka dambeeyaaana waa sidaa oo kale.

Digniinta Ciqaabta Qamaarka ee Xawilaadda Mamfacadda Elektoroonigga ama Lacagta

Waa arrin sharciga ka soo horjeeda in kaarka EBT loo isticmaalo qamaarka. Sidoo kale waa arrin sharciga ka soo horjeeda in la qamaaro iyadoo la isticmaalayo lacag caddaan ah oo ka timid kaarka EBT. Qamaarka waxaa ka mid ah tikidhada baqtiyaa nasiibka, qasabadaha la soo jiido, boorarka la hertiyo, nooc qamaarka ka mid ah, tartanka fardaha, ciyaaraha qamaarka iyo ciyaaraha kale ee fursadda sida ku cad RCW 9.46, 67.16 iyo 67.70. ku qamaaridda lacagta EBT waxay keeni kartaa tallaabo sharci ah oo la iska qaado, in bixiyaha dhawraa uu maamulo lacagtaada caddaanka ah ee EBT, ama in la waayaba wixii lacag kaalmo ah oo dhan.

Iyadoo la raaco xeerka Federalka iyo ka Wasaaradda Beeraha ee Maraykanka (U.S. Department of Agriculture - USDA) iyo xeerka Wasaaradda Caafimaadka iyo Adeegyada Bulshada ee Maraykanka (U.S. Department of Health and Human Services - HHS), waxa xafiskan mamnuuc ka ah takoorista ku salaysan jinsiga, midabka, lab iyo dhedig, cimri, ama naafo. Marka la eego Xeerka Gargaarka Raashinka (Food Stamp Act) iyo xeer-dhaqanka USDA, takoorista ku salaysan diin ama ra'y siyaasadeed waa la mamnuucay.

Si ad u xareysatid dacwad ku saabsan takooris, la xidhiidh USDA ama HHS. Warqad u soo qor Maamulaha USDA oo ku soo hagaaji: USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue S.W., Washington, D.C. 20250-9410 ama soo wac (202) 720-5964 (codka iyo maqal-laawaha/TDD). Warqad u soo qor maamulaha HHS oo ku soo hagaaji: HHS, Director, Office for Civil Rights, Room 506-F, 200 Independence Avenue, S.W., Washington, D.C. 20201 ama soo wac (202) 619-0403 (codka) ama (202) 619-3257 (maqal-laawaha/TDD). USDA iyo HHS waa shaqo iyo adeeg bixiyayaal ku shaqeeya fursad loo wada siman yahay.